

Start List

400 m Men/mężczyzn

WORLD RECORD	43.03	VAN NIEKERK Wayde	RSA	Rio de Janeiro (BRA)	16-08-14
EUROPEAN RECORD	44.33	SCHÖNLEBE Thomas	GDR	Roma	87-09-03
POLISH RECORD	44.62	CZUBAK Tomasz	SKRA Warszawa	Seville	99-08-22
MEETING RECORD	44.43	GARDINER Steven	BAH	Chorzów	18-08-22
Min. WCH	45.30			Doha (QAT)	19-09-27
Min. OG	44.90			Tokio (JPN)	20-07-24

Lane	Bib	Athlete	Birth	Country	PB	2019
Heat A/1 19-09-14 18:50						
1		ZIMNY Tymoteusz	98-03-14	WKS Śląsk Wrocław	46.04/17	46.41
2		KRAWCZUK Łukasz	89-06-15	WKS Śląsk Wrocław	45.65/14	46.24
3		RABAH Yousif	86-11-12	GREAT BRITAIN	44.54/15	45.23
<i>2 World Championships Bronzes 4x400 m 2015, 2017, 4 x 400m European Champion 2014, 4 x 400m European Silver Medallist 2018, 4 x 400m European Bronze Medallist 2016, 400m 6th at World Championships 2015</i>						
4		RICHARD Tyrell	97-08-04	USA	44.70/18	44.81
5		ZALEWSKI Karol	93-08-07	AZS-AWF Katowice	45.11/18	45.46
<i>4 x 400m World Indoor Champion 2018, 4 x 400m European Indoor Silver Medallist 2015,</i>						
6		GARDINER Steven	95-09-12	BAHAMAS	43.87/18	44.45
<i>400m World Championships Silver Medallist 2017, 4 x 400m Olympic Bronze Medallist 2016</i>						
7		KRZEWINA Jakub	89-10-10	WKS Śląsk Wrocław	45.11/14	46.80
<i>4 x 400m World Indoor Champion 2018, 2 European Silvers 4x400m 2014, 2016, 4 x 400m European Indoor Silver Medallist 2015</i>						
8		COWAN Dwayne	85-01-01	GREAT BRITAIN	45.34/17	45.77
9		OMELKO Rafał	89-01-16	KS AZS AWF Wrocław	45.14/16	45.81

TOP 10- POLSKA / POLAND (19-09-13)					SEASON OUTDOOR TOP LIST						
1	ZALEWSKI Karol	AZS-AWF Katowice	45.46	19-06-16	Chorzów	1	Michael Norman	USA	43.45	20 Ap	Torrance CA
2	OMELKO Rafał	KS AZS AWF Wrocław	45.81	19-07-07	Kutno	2	Fred Kerley	USA	43.64	27 Ju	Des Moines IA
3	DOBEK Patryk	MKL Szczecin	46.12	19-06-22	Białogard	3	Kahmarí Montgomery	USA	44.23	7 Jun	Austin TX
4	SUWARA Wiktor	AZS-AWF Warszawa	46.17	19-06-16	Chorzów	4	Trevor Stewart	USA	44.25	7 Jun	Austin TX
5	KRAWCZUK Łukasz	WKS Śląsk Wrocław	46.24	19-08-10	Warszawa	5	Nathan Strother	USA	44.29	27 Ju	Des Moines IA
6	ZIMNY Tymoteusz	WKS Śląsk Wrocław	46.41	19-07-12	Gävle (SWE)	6	Rai Benjamin	USA	44.31	20 Ap	Torrance CA
7	KOWALUK Dariusz	AZS-AWF Warszawa	46.50	19-08-15	Szczecin	7	Akeem Bloomfield	JAM	44.40	21 Ju	London
8	WAŚCIŃSKI Przemysław	WKS Śląsk Wrocław	46.60	19-06-12	Bydgoszcz	8	Vernon Norwood	USA	44.40	27 Ju	Des Moines IA
9	HOŁUB Maciej	AZS UMCS Lublin	46.63	19-06-12	Bydgoszcz	9	Steven Gardiner	BAH	44.45	9 Jul	Székesfehérvár
10	KRZEWINA Jakub	WKS Śląsk Wrocław	46.80	19-09-06	Lublin	10	Kirani James	GRN	44.47	6 Sep	Andújar

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PB-Personal best, SB-Season Best, WR-World Record, ER-European R., NR-National R.

CHORZÓW 2019

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